



I'm an ARY [at-risk youth]. Mom thought I was at risk. I didn't stay home. I hang out with my boyfriend and my best friends. But my mother blames everybody. She doesn't like it that I'm rude and not going to school. My charges are truancy, not staying at home, and being rude. I've been here 14 times. For what I've done I don't belong in a place like this, but I'm here. —C.J., age 16

STOPPING THE GIRLS TO PRISON PIPELINE

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I was sitting in a sweltering California courtroom, serving as an expert witness on an adult case, when out of the corner of my eye I saw a tiny girl, fully shackled, walking down the courtroom aisle beside me. I was shocked to see what looked like a child barely five feet tall with heavy chains looped around her wrists, ankles, and belly. Yet what caused me to speak out was that the girl was eight and a half months pregnant, clearly afraid of stumbling and falling on her stomach as she shuffled past me. When she sat down at the defense table, I saw the chains dig into her pregnant belly. Involuntarily, I stood up and asked the judge why this pregnant child was shackled. He replied, "Flight risk." I then asked him when he'd ever been pregnant and was promptly removed from the courtroom by a large bailiff. Eventually, Donna, the young woman, won freedom for herself and her child. During the ordeal of her trial, I asked her how she endured the long months of incarceration. "My baby," she told me.

While overall arrest rates for juveniles have dropped nationwide, the rates for girls are falling more slowly or holding steady. For some offenses, the numbers are even trending up.¹ In 2011, 429,000 girls were arrested nationwide and between 8,000 and 10,000 were locked up on any given day.² Girls represent 29 percent of all juvenile arrests,³ up from 22 percent in 1986.⁴ Los Angeles County looms very large in the nation's juvenile justice landscape, and in the lives of vulnerable girls.

California incarcerates more juvenile girls and boys than any other state in the nation⁵ and Los Angeles incarcerates more young people than any other jurisdiction in the country.⁶ In 2014 up to 2,000 teen girls will walk, traumatized and shackled, through the locked gates of three huge and intimidating county detention centers.⁷ Estimates are that between 160 and 240 of these eleven- to seventeen-year-old girls will be pregnant.⁸ Almost all girls incarcerated in Los Angeles will be poor girls of color and more than 60 percent will be Latina/Hispanic. Who are these hidden girls?

There are painful realities in the lives of detained girls in California, and lethal flaws in juvenile correctional health care: 92 percent⁹ of girls have

been sexually and/or physically assaulted and 88 percent have serious, in some cases life-threatening, physical and mental health problems.¹⁰ The Girls Health Screen study in 2009 found that sexual trauma was rampant. Over 40 percent of girls undergoing medical intake into locked facilities had some form of vaginal injury.¹¹ Approximately 22 percent had been forced to have sex, some within the previous seven days.¹²

Adding invisibility to injury, when girls are locked up their medical needs often go unidentified and untreated, drowned out by a correctional system designed for the larger population of boys.¹³ For complex reasons, there are no medical standards for girls in detention. In real life, this means that an incarcerated fourteen-year-old girl, in dire physical and emotional pain because she has been trafficked and forced to have sex with multiple older men, may be locked up for months without being able to voice her needs or receive medical help.

These numbers are so daunting that they could cause you to turn away. I recently interviewed a girl in detention who was four months pregnant; her body was riddled with bullet fragments from when she'd been shot while trading sex for survival on the streets. Talking to her I felt admiration, not pity. Like so many other detained girls I've spoken to, she was vibrant, creative, pretty, and determined. She told me she planned to launch a website to help girls like her navigate a crime-free life as soon as she was released. Perhaps because I was a young mother when I met Donna, I've never lost track of the issues surrounding pregnancy behind bars. Between 20 percent and 30 percent of incarcerated girls nationwide have been or are currently pregnant.¹⁴ Yet in 2007 only 18 percent of the 3,200 locked facilities holding teen girls nationwide routinely tested for pregnancy.¹⁵ Even detention centers that do administer pregnancy tests to every girl who comes in—as they do in Los Angeles—are still designed and staffed to isolate and control. Rarely do they take on the role of nurturing or healing traumatized and pregnant teen mothers.

Today, pregnant girls behind bars still sleep in bare cells on thin green plastic mattresses set on concrete slabs. A pregnant fifteen-year-old may get more to eat than other girls—an apple, an extra plate of food for lunch—and receive daily prenatal vitamins, but when she goes into labor she is transported outside the lockup, under guard, to a local hospital to deliver. There, after a high-risk delivery (all teen deliveries are high-risk), her baby is taken from her, just hours after she's given birth. Soon after that, she is returned to lockup to serve out the rest of her time. Alone.

Recently I visited a detention infirmary that housed a young girl who had just given birth. She was spiking a fever, possibly the result of a post-delivery infection. I wasn't allowed to see her, but I heard that her infant, whom she'd been forced to relinquish at birth, was waiting alone in a hospital nursery for a family member or a social services representative to come pick him up. The young mother wanted to express her breast milk to feed her baby, but when I asked to see the nursing room all I saw, through a small dusty window in a locked door, was a rug and a chair. There was no nursing equipment.

I understand the complexities of huge correctional and health systems better than most, but I am deeply disappointed that in the years between Donna and today we have not found better and more humane ways to serve our most traumatized girls or protect their newborns. Despite recent and long-overdue attention to ending mass incarceration for men and boys, the national conversation still omits incarcerated girls. There are thousands more incarcerated males than females but women and girls' smaller numbers in the system do not explain or justify their invisibility.

As one incarcerated sixteen-year-old girl wearing a bright pink T-shirt she had earned for good behavior told me, "We are not nothing!"

