



EMERGING LEADER FELLOWSHIP OPPORTUNITY, 2019-2021

Addressing Adolescent Parents' Mental Health Needs



Host Organization:	PolicyLab at Children's Hospital of Philadelphia
Location:	Philadelphia, PA
Dates:	September 2019 – September 2021
Salary:	\$60,000 / year, plus benefits

Stoneleigh Emerging Leader Fellowship

The [Stoneleigh Emerging Leader Fellowship](#) is a two-year, full-time, hands-on position for early career professionals. Fellows work collaboratively with a host organization and the Stoneleigh Foundation to execute a project that advances the missions of these organizations and enhances Fellows' professional skills and leadership development. Fellows are also supported by a cohort of peer Emerging Leaders, who participate in Foundation programming.

The Project: *Addressing Adolescent Parents' Mental Health Needs*

Maternal depression, including postpartum depression, negatively impacts mothers and the health and development of their children. Adolescent mothers are at greater risk of experiencing maternal depression than the general population. Teen parents, including fathers, also face greater barriers to accessing care and are often involved with multiple systems, including juvenile justice, child welfare, and homeless housing services. Tackling teen parents' barriers to receiving mental health care can be a pathway towards breaking the cycles of intergenerational maltreatment and poverty.

To address this challenge, the Fellow will work with PolicyLab at Children's Hospital of Philadelphia (CHOP) to leverage the pediatric clinical setting to improve how the mental health needs of parenting teens are addressed. Specifically, the Fellow will:

- **Identify gaps in knowledge and practice** on how best to serve the mental health needs of parenting teens.
 - *Conduct qualitative research* through focus groups, interviews with CHOP clinical teams, interviews with integrated care programs in other regions, a literature review of academic and community-based work on adolescent parents' mental health needs, and a review of state and local laws and regulations related to the topic.
 - *Summarize the qualitative research findings and develop a dissemination plan* to reach clinical teams, community stakeholders, and state policymakers.
- **Elevate the specific mental health needs of parenting teens** by creating a Community Advisory Board and serving as a PolicyLab representative on a City of Philadelphia maternal depression workgroup.

- **Strengthen the role of pediatric health care** in meeting the mental health needs of parenting teens.
 - *Incorporate best practices for addressing the mental health needs of parenting teens into pediatric health care services* by developing recommendations and trainings for clinical teams and youth-serving community agencies.
 - *Identify reimbursement strategies* for parenting teens' mental health care.
 - *Participate in local, state, and national policy efforts* to advance these strategies.

Candidate Qualifications

Candidates should have a minimum of three years' professional experience and must have earned a master's degree in social work, public health, public administration, or a related field between 2016 and 2019. The candidate should have strong interpersonal skills, oral and written communication skills, experience in qualitative methodologies (applied work or coursework), and a demonstrated interest in improving health outcomes for vulnerable youth. Experience with direct youth service work and multisector partnerships is a plus.

Application Process

Please submit the following materials under the "PolicyLab Stoneleigh Fellowship" job posting at careers.chop.edu by **December 21, 2018**. Contact Emmy Stup (stupe@email.chop.edu) with any questions.

- A resume or CV
- Two writing samples
- Three written references preferred (at least one academic and one professional) - Please also provide phone and email contact information for references.
- A cover letter articulating why you would like to participate in the Fellowship, how it will advance your professional goals, why this project interests you, and what prior experience and training you bring that prepares you to lead this Fellowship project
- All candidates must agree to a background check as required by CHOP.

Candidates chosen for an interview will be contacted directly by PolicyLab. One final candidate will be recommended to and interviewed by the Stoneleigh Foundation in January 2019. In March, Stoneleigh staff will present recommended candidates and projects to its Board of Directors.

About PolicyLab at Children's Hospital of Philadelphia

[PolicyLab](#) is a Center of Emphasis within Children's Hospital of Philadelphia Research Institute, one of the largest pediatric research institutes in the country. Its mission is to achieve optimal child health and well-being by informing program and policy changes through interdisciplinary research. PolicyLab plays an integral role in developing and implementing evidence-based solutions that are responsive to community needs in inpatient and pediatric care network settings.

PolicyLab's interdisciplinary team of medical providers, public health professionals, policy experts, social workers, and communications professionals will provide a Fellow with the unique opportunity to learn and apply their skills across several disciplines and understand policy change work at a hospital and government systems-level. The Fellow will be part of PolicyLab's Strategy and Impact Teams and will work collaboratively across PolicyLab's interdisciplinary team to improve health outcomes for adolescent parents and their children.